

Prevent Driving

For a person with Alzheimer's, there may come a time when driving may not be safe. Your loved one may not want to give up driving. But for everyone's sake, do as much as you can to prevent him or her from getting behind the wheel.

- Have an authority figure, such as a doctor, lawyer, or insurance agent, tell your loved one not to drive.
- Call your local department of motor vehicles. Some states require a driving test when a person is diagnosed with Alzheimer's disease.
- Limit access to the car. Put the keys in a safe place, or keep them with you. Try storing the car out of sight.



Put car keys where they won't be found.

Control Wandering

Over time, persons with Alzheimer's disease may become restless and confused. They may wander around the house or even leave the house and get lost.

- Put night-lights in hallways and bathrooms.
- Ask neighbors to call you if they see your loved one out alone.
- Go with your loved one if he or she insists on leaving the house. Avoid arguing or yelling. Rather, gently persuade him or her to return home.
- Use a medical alert or Alzheimer's Association ID bracelet for extra safety.
- Call your local Alzheimer's Association for details on help with wandering.



Buy an ID bracelet for your loved one to wear.

When to Call the Doctor

A change in your loved one's behavior may be due to Alzheimer's disease. But it could also be a sign of some other problem. A sudden, rapid change may be caused by another illness that can be treated. Making sure other health problems are treated may help you and your loved one cope better with the symptoms of Alzheimer's disease.